

# CHILDREN TAKING THE LEAD IN SUPPORTING OTHER CHILDREN AROUND MENTAL HEALTH

Children engaging and supporting their peers,  
including reaching the most vulnerable

Asia and the Pacific: Thailand

In Thailand, children have been providing peer-to-peer counseling, while sharing their experiences to help other children overcome the stress brought about by the COVID-19 pandemic. 14 year old Prajasir Mahaariya Phaya shared her experience, while taking forward chil-led advocacy to improve children's mental health support. Yaya started working on mental health problems in children at age 12. Yaya, now 14, works as a consultant for children with depression. She's Chairman of the Child and Youth Council of Bangkapi District, Vice President of the Child and Youth Council of Bangkok, Youth Leader, Lovecare Station and she takes forward emotional Immunization in school.

[Click here for support website](#)

