

# CHILDREN MEET TO TALK ABOUT THEIR FEELINGS

Children engaging and supporting their peers,  
including reaching the most vulnerable

Global

When COVID-19 started, through Scholas, children and adolescents started to meet online to talk about feelings and emotions, and how the pandemic was affecting their wellbeing. Results showed children being sad, stressed, but the meetups helped them see that they were not alone, as despite confinement, they could connect to one another, both digitally and emotionally. These moments were also used to reflect upon the future, and the post COVID world.

